NORTHWESTERN STATE

Counseling Program Report

Northwestern State University
2017-2018

Northwestern State University
Assessment of Counseling Program
Objectives (2017-2018)

Objective	Content Area	NSU Comprehensive Exam Percentage	NCE National Statistical Summary (2016)
#1	Professional Functioning/Helping Relationships	76%	70%
#2	Multicultural/Cultural Contexts	78%	76%
#3	Human Growth/Development	65%	71%
#4	Career Development/Life Factors	74%	63%
#5	Counseling Process/Professional Orientation	78%	73%
#6	Group Counseling	73%	63%
#7	Assessment	65%	68%
#8	Research/Program Evaluation	66%	60%
#9	Field Experiences	Student Overall Ratings - Excellent	
#10	Professional Development	At least two professional development opportunities were offered each semester.	

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CMHC Concentration

- Percentages for each standard were either at Target (90% or higher) or Acceptable (80-89%)
- Strengths:
  - Strong clinical portfolios (Practicum and Internship I/II)
  - Counseling Process
  - Group Counseling

- Areas for Focus:
  - Human Growth and Development
  - Analysis

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School Counseling Concentration

- Percentages for each standard were either at Target (90% or higher) or Acceptable (80-89%)
- Strengths:
  - Intro School Counseling
  - Group Counseling
  - Strong clinical portfolios (Practicum and Internship I/II)

- Areas for Focus:
  - Human Growth and Development
  - Analysis

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Survey Results

- Surveys sent to Graduates, Site Supervisors, and Employers assessing their perceptions of the program and if objectives were met.

- Mean results indicate stakeholders believe understanding of the core areas was at Excellent (5.0) or Good (4.0).

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Survey Data for AY 2017-2018 (COUN)

Objective	Graduates	Supervisors	Employers
	2017-2018 n=10	2017-2018 n=10	2017-2018 n=8
Objective 1 – understanding of professional functioning as a counselor	4.8	4.6	4.75
Objective 2 – understanding of the cultural context of relationships, issues, and trends in a multicultural society	4.8	4.7	4.5
Objective 3 – understanding of the nature and needs of persons at all developmental levels and in multicultural contexts	4.81	4.6	4.63
Objective 4 – understanding of the career development and related life factors	4.86	4.7	4.75
Objective 5 – understanding of the counseling process in a multicultural society	4.82	4.6	5.0
Objective 6 – understanding of the group purpose, development, dynamics, theories, methods, skills, and other group approaches in a multicultural society	4.75	4.8	4.57
Objective 7 – understanding of the individual and group approaches to assessment and evaluation in a multicultural society	4.67	4.7	4.29
Objective 8 – understanding of research methods, statistical analysis, needs assessment, and program evaluation	4.68	4.6	4.43
Objective 9 – to offer practicum/internship experiences and provide quality supervision	5.0	N/A	N/A
Objective 10 – to offer professional development opportunities which directly contribute to the personal and professional growth of candidates	4.8	N/A	N/A

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Looking Forward

- Areas for Focus for 2018-2019
  - Human Growth & Development (EPSY 5460)
  - Analysis of the Individual (EPSY 5520)
  - While scores indicate students are able to apply and adhere to legal and ethical standards, counseling faculty recognize the landscape for mental health issues is diverse and ever-changing. To enhance student learning and engage in continuous improvement, faculty have committed to introducing additional professional development regarding current ethical issues throughout program coursework.

- Areas of Strength from 2017-2018
  - Consistency in Field Experience Coursework
  - Counseling/Helping Relationships
  - Group Counseling
  - Faculty attended professional development opportunities emphasizing ethics in practice and incorporated that knowledge into coursework and student interactions
  - Faculty incorporated activities to promote and personalize the understanding of other cultures into multicultural coursework

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